

Sens

RESTAURANT

BREAKFAST

THE CLASSICS

Our classics plates are served with filter coffee

FRUIT AMALGAM

Fresh fruit plate with cottage cheese and toasted bagel | 16

YOGURT PARFAIT

Plain yogurt, fruit coulis, berries and granola from « La Fourmi Bionique » | 14

BAGEL & SMOKED SALMON

Bagel, cream cheese, Atlantic smoked salmon, red onions and capers | 17

ONE EGG

With a choice of bacon, house-made sausages or house smoked ham. Served with breakfast potatoes, fresh fruits and a choice of bread* | 13

TWO EGGS

With a choice of bacon, house-made sausages or house smoked ham. Served with breakfast potatoes, fresh fruits and a choice of bread* | 16

SENS BURRITO

Crêpe, scrambled eggs, ham, bell peppers and mushrooms, melted Swiss cheese, hollandaise sauce and fresh herbs. Served with fresh fruits | 17

CHEF'S PLATE

Two eggs, bacon, house-made sausages, house smoked ham, breakfast potatoes, baked beans, fresh fruits and a choice of bread* | 18

GRANDMA'S CRÊPES

Served with sautéed fruits in pure maple syrup | 12

OLD FASHIONED FRENCH TOAST

Served with sautéed fruits in pure maple syrup | 14

OMELETTES

*Three egg omelettes served with breakfast potatoes, fresh fruits, filter coffee and a choice of bread**

Fresh herbs | 13

Button mushrooms | 14

Ham & cheese | 15

SENS EGGS BENEDICT

Served with breakfast potatoes, fresh fruits and filter coffee

Plain 1 Egg | 12 2 Eggs | 14

Smoked salmon 1 Egg | 16 2 Eggs | 18

Ham 1 Egg | 16 2 Eggs | 17

SANDWICHES

Our sandwiches are served with breakfast potatoes, fresh fruits and filter coffee

GRILLED CHEESE & PROSCIUTTO SENS

Brioche bread, prosciutto, baby arugula and Swiss cheese from "La Fromagerie Champêtre" | 17

«BLT» MATIN

Your choice of bread*, egg, bacon, romaine lettuce, tomatoes and chipotle mayonnaise | 16

À LA CARTE!

Cereals | 4

Toasted bread & jam | 4

Gluten free toasted bread & jam | 5

EXTRAS

Sliced fresh fruits | 7

Sliced cheese | 3

Bacon or sausage or smoked ham | 5

BEVERAGES

Espresso simple 3 | double 4

Cappuccino | 4

Filter coffee or tea | 2

Latte | 5

Fruit smoothie | 8

Milk or hot chocolate | 2

Mimosa | 10

Orange juice | 5

**Dish offered with a choice of bread: white bread, brown bread, bagel or English muffin*